

ACEing Age Old Issues in the Care of Older Canadians




Dr. Samir K. Sinha MD, DPhil, FRCPC

Peter and Shelagh Godsoe Chair in Geriatrics and Director of Geriatrics
Sinai Health System and the University Health Network

Associate Professor of Medicine, University of Toronto and
Assistant Professor of Medicine, Johns Hopkins School of Medicine

Hong Kong Association of Gerontology

19 November, 2016

 Twitter: @DrSamirSinha

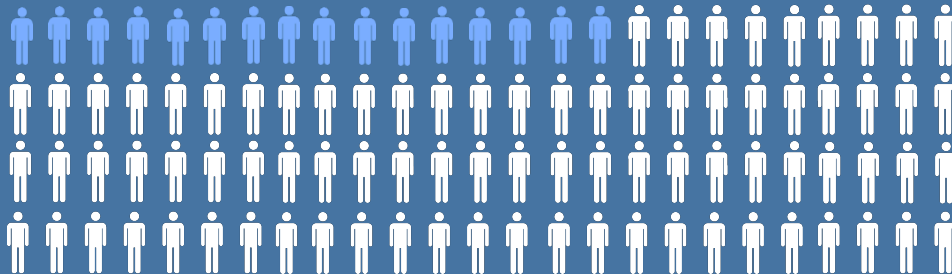
Triumph or Tsunami?



Triumph or Tsunami?

- According to the 2015 Global AgeWatch Index – Canada ranks 5/96 as the best country to age in.
- Health and Finances are the primary concerns for Older Canadians ...
 - *While 97% of Canadians receive a pension... the average CPP Benefit is 6,800 per year.*
 - *While Canadians have one of the longest life-expectancies...79% are concerned about having access to quality acute, home and long-term care services.*

CANADA'S POPULATION |



→ 16.1% = 65+

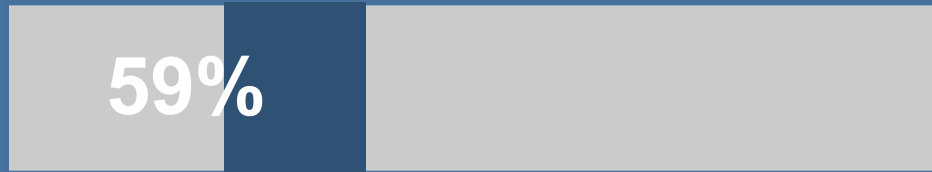
CANADIAN HOSPITALIZATIONS | +



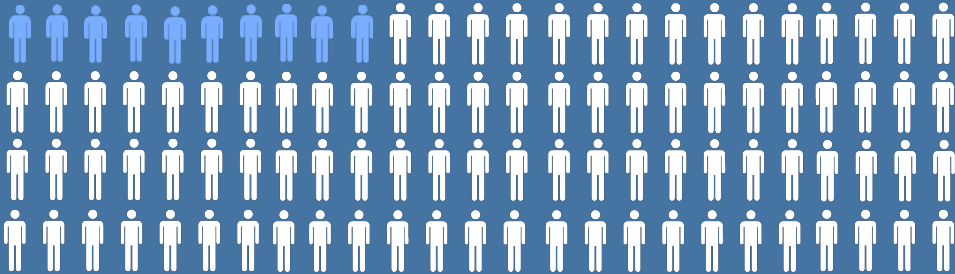
OVERALL DAYS IN HOSPITAL | +



59%

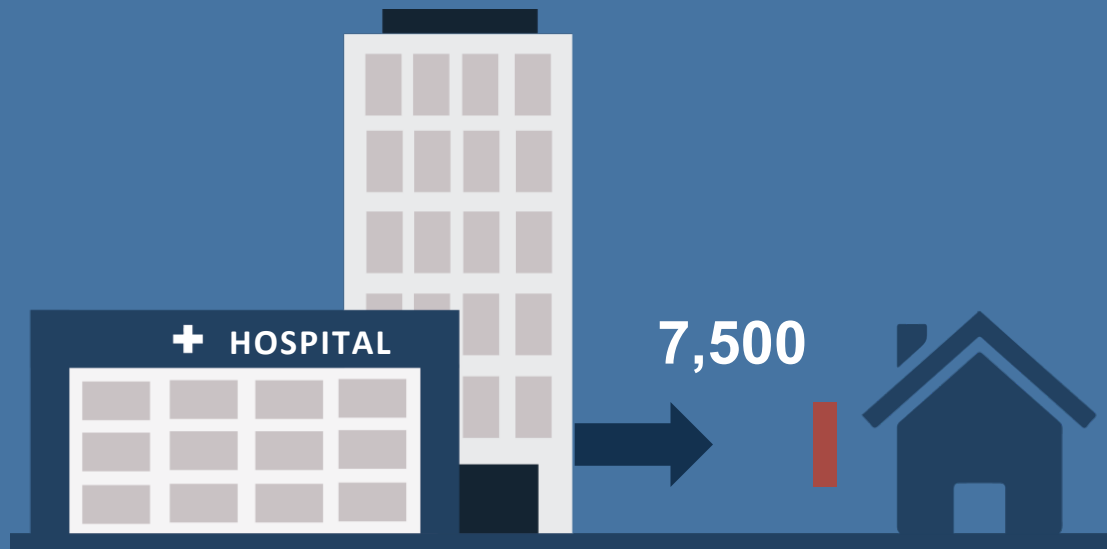


OLDER USERS OF HEALTHCARE |

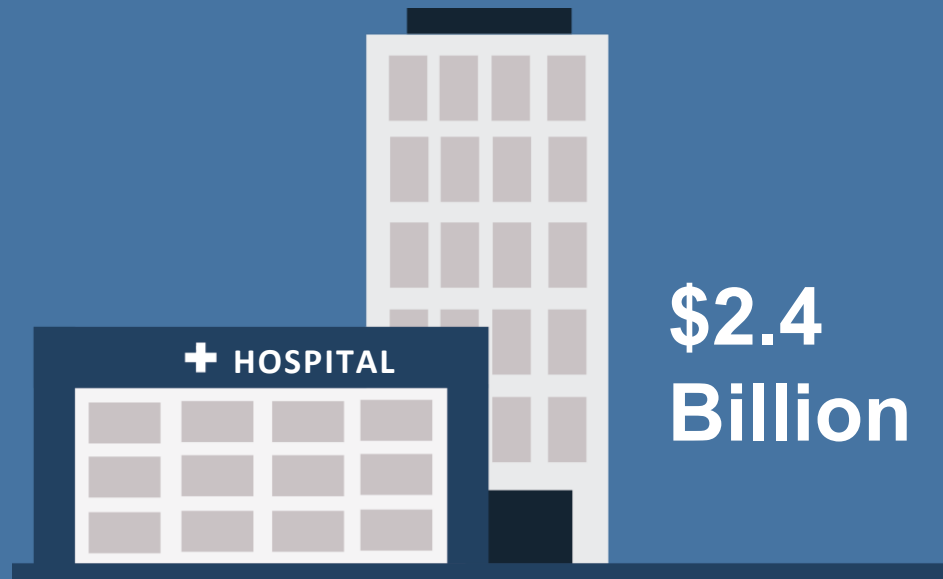


→ 10% = 60% \$\$\$

CANADIANS STUCK EACH DAY IN HOSPITAL | +



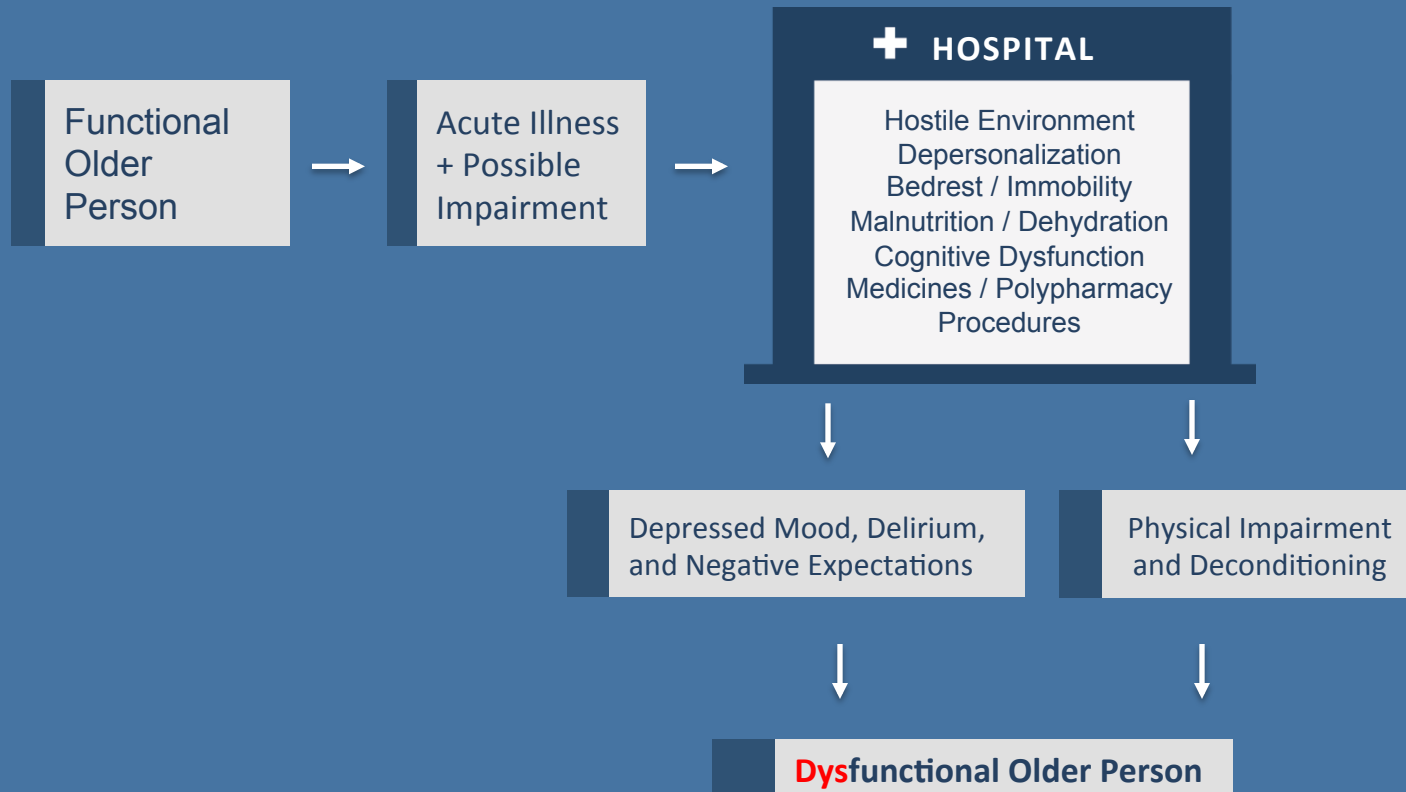
ANNUAL COST OF WAITING TO GO ELSEWHERE | 🏠





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CANADA

THE HAZARDS OF HOSPITALIZATION



Palmer et al., 1998 (Modified)

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Opinion / Commentary

Ontario hospitals unprepared for aging population

The province's cash-strapped health system needs to start planning now for the challenges ahead.

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CARLOS OSORIO / TORONTO STAR [Order this photo](#)

Over the past decade, Ontario hospitals have become the most efficient in Canada, write Samir Sinha and Anthony Dale. But enormous challenges lie ahead.

By: Samir Sinha Anthony Dale Published on Fri Apr 24 2015

With the provincial government set to table its budget on Thursday, much of the public discussion to date has focused on the future of alcohol sales and power generation in the province. While these issues are very important, we must not lose sight of other priorities — particularly how best to care for [Ontario's aging population](#).

While Ontario hospitals have not received an inflationary funding increase over the last three years, the province's 149 public hospitals have been working very hard to adapt to meet the needs of patients. Hospitals have worked hard to help the government meet its financial objectives by improving operating efficiencies and reducing costs while also

Inside the Star



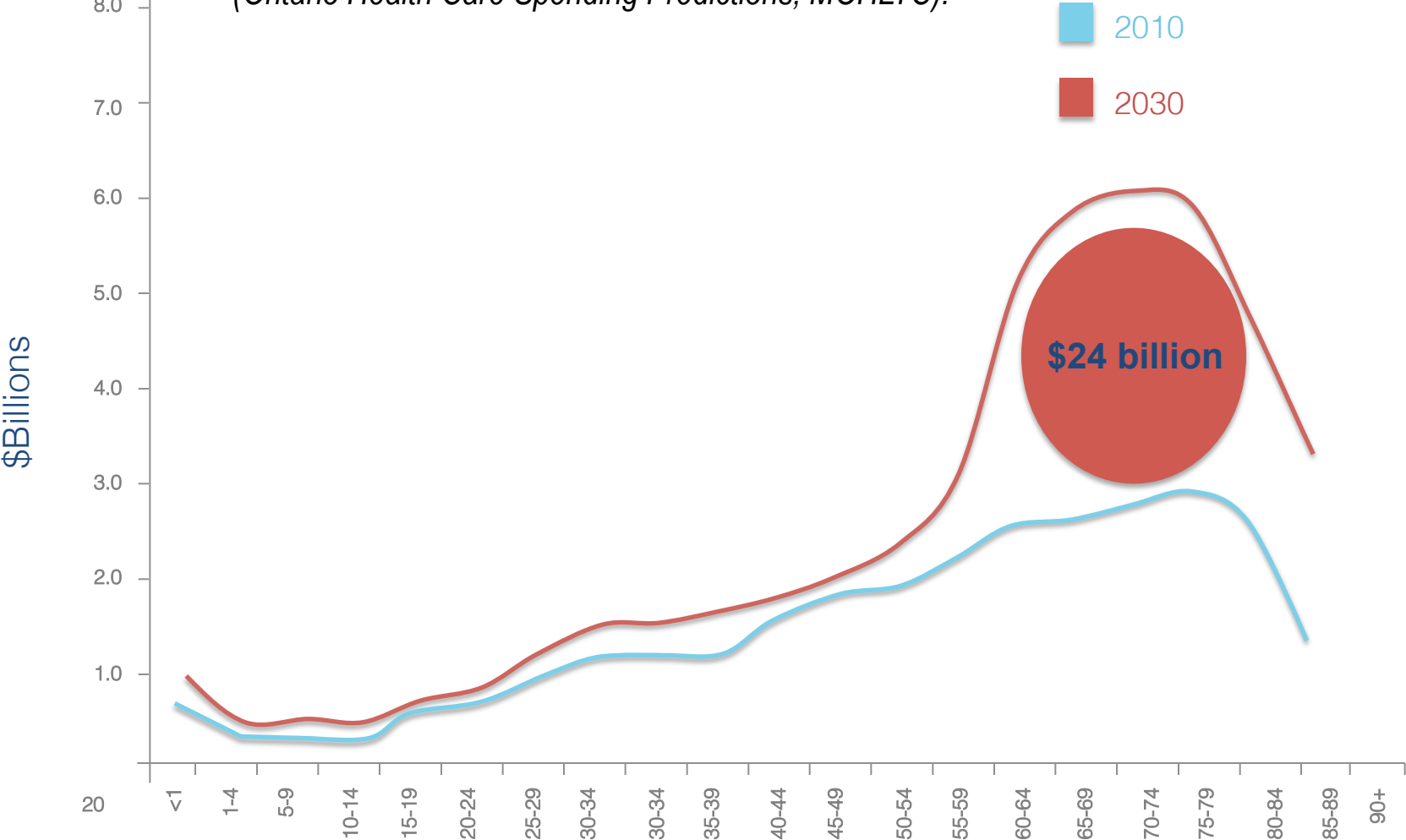
Police offer up stations for Kijiji and Craigslist transactions



Toronto supply teacher caught on Twitter sleeping on the job

Our Future Will Cost Us More...

(Ontario Health Care Spending Predictions, MOHLTC).



Our Dilemma

The way in which our cities, communities, and our health care systems are currently designed, resourced, organised and delivered, often disadvantages older adults with chronic health issues.

As Canadians and Hong Kongers, our Care Needs, Preferences and Values are evolving as a society, with increasing numbers of us wanting to age in place.



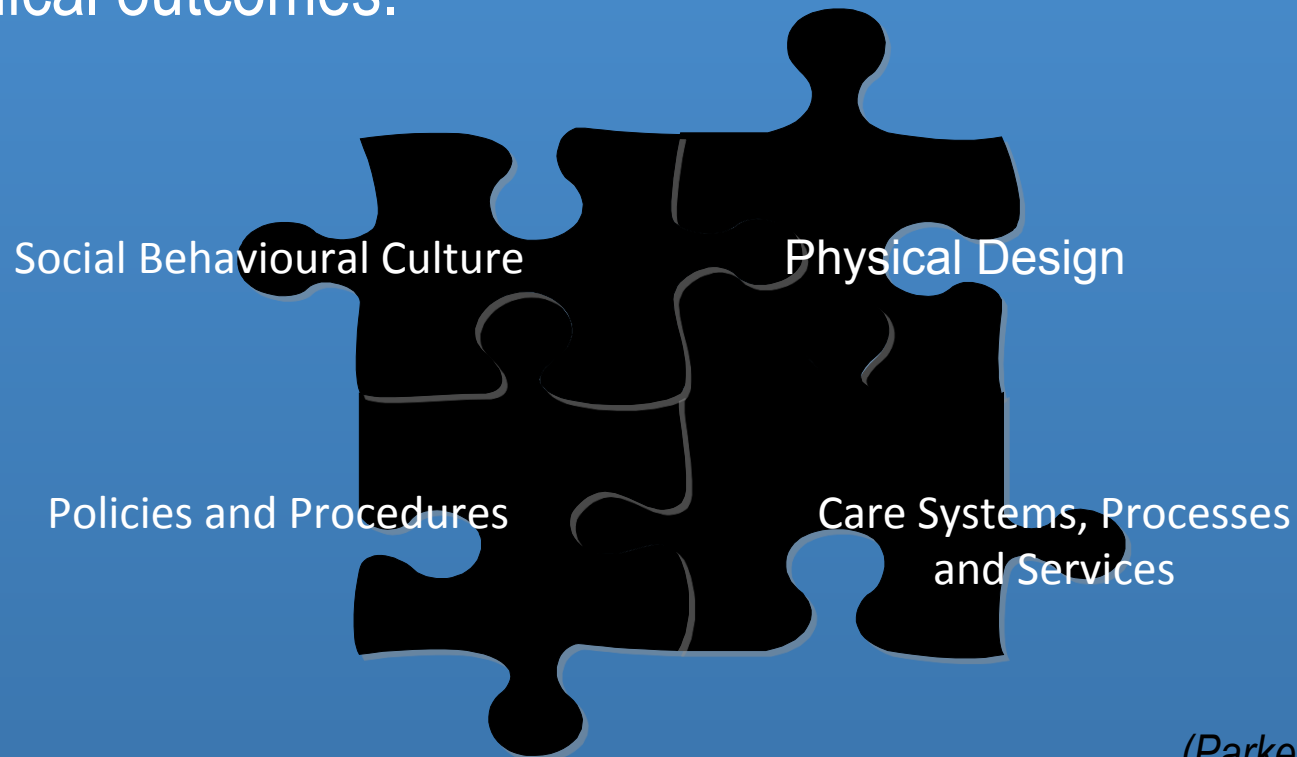
Developing an Elder Friendly Approach

Acute Care for Elders (ACE) Strategy

- Redesigns or establishes new sustainable approaches that seek to enhance and improve upon current service models.
- Requires a shift in traditional thinking that currently underpins the administration and culture of most traditional care organizations.
- Is not adverse to identifying risk factors and needs and in intervening early to maintain independence.
- Requires a relentless focus on monitoring and evaluating its outcomes to support continuous quality improvement

The Elder Friendly Hospital™ Model

These dimensions work together to minimize functional decline, promote safety, and mitigate adverse social and medical outcomes.



(Parke et al, 2001).

THE ACE CONTINUUM OF CARE

OUTPATIENT MODELS

- Outpatient Geriatric Medicine, Geriatric Psychiatry & Palliative Medicine Clinics
- Telemedicine Clinics

INPATIENT MODELS

- Geriatric Medicine, Geriatric Psychiatry & Palliative Medicine Consultation Services
- Orthogeriatrics Program
- Intensive Care Unit Geriatrics Program
- Safe Patients/Safe Staff
- ACE Unit
- ACE Unit Home Care Coordinator
- MAUVE Volunteer Program
- ACE Tracker
- Hospital at Home Program



COMMUNITY MODELS

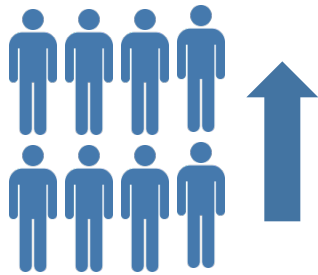
- Home-Based Geriatric Primary/ Specialty Care Program: House Calls
- Temmy Latner Home-Based Palliative Care Program
- Integrated Client Care Management Program
- Reitman Centre for Alzheimer's Support and Caregiver Training
- Community and Staff Education Programs
- Community Paramedicine Program
- Community Outreach Team

ED MODELS

- ISAR Screening
- Geriatric Emergency Management (GEM) Nurses
- Geri-EM.com Staff Training Program

New Programs Launched Since Fiscal Year 2010-11

THE OVERALL IMPACT OF ACE



+53%



-26%



-14%



-93%



+97%



\$6.7 Million

IMPLEMENTING
ACE ACROSS
NORTH
AMERICA &
BEYOND





18 TEAMS
ACROSS

4 PROVINCES

1 TERRITORY

1 INTERNATIONAL
SITE

1. Whitehorse
General Hospital

- 1. Geraldton District Hospital
- 2. Halton Healthcare
- 3. Hamilton Health Sciences
- 4. London Health Sciences Centre
- 5. Montfort Hospital
- 6. Orillia Soldiers' Memorial Hospital
- 7. Queensway Carleton Hospital
- 8. Quinte Health Care
- 9. Scarborough Hospital
- 10. Thunder Bay Regional Health Sciences Centre
- 11. University Health Network
- 12. William Oster Health System

1. National University
Hospital of Iceland

1. Horizon Health
Network

1. CISSS Chaudières-
Appalaches

- 1. Nova Scotia Health Authority
- South Shore
- 2. Nova Scotia Health Authority
- Central Zone

THE "ACE" COLLABORATIVE



Enabling A National Approach...

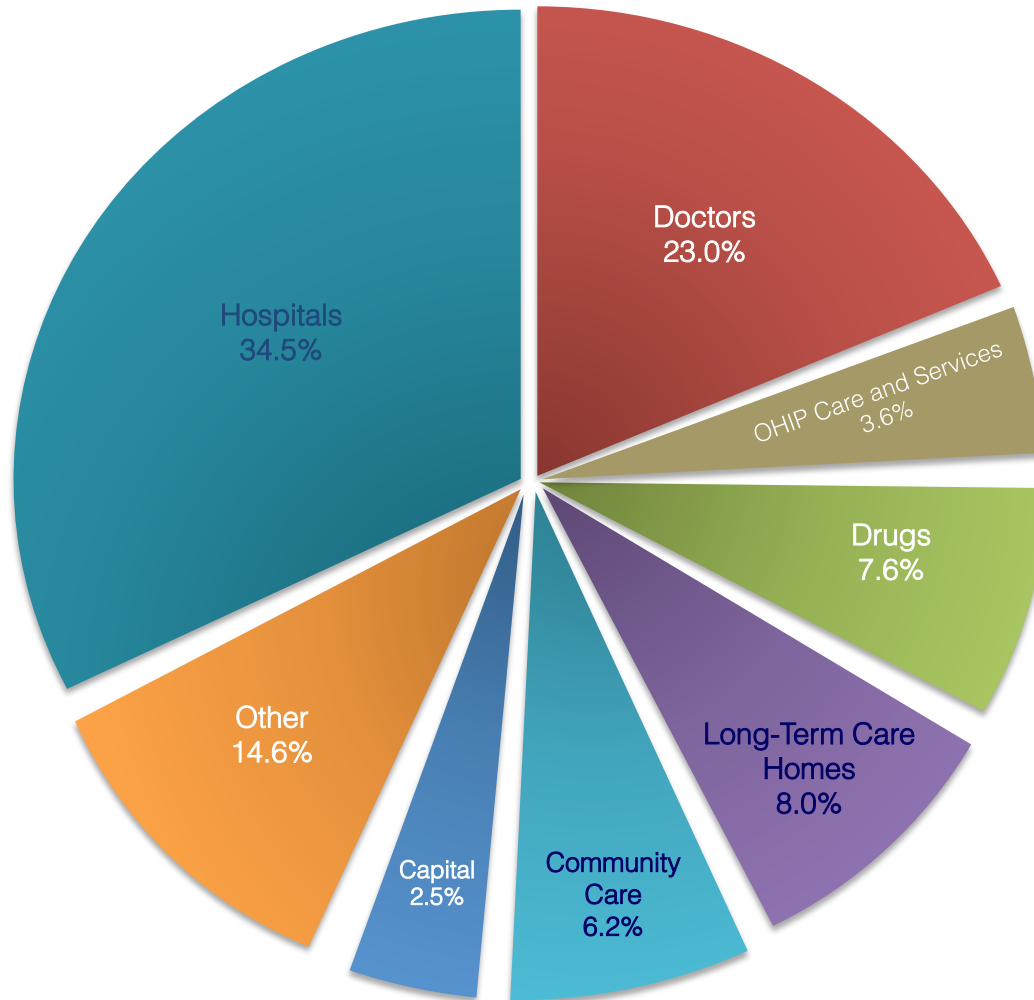
Why Develop a Provincial Strategy?

- In 2011, the province announced a new vision to make Ontario, Canada the best place to grow up and grow old in North America.
- Given our current and future challenges, the development of Ontario's **Seniors Strategy** began in 2012 to establish sustainable best practices and policies at a provincial level.
- With a focus on ensuring *equity, quality, access, value and choice*, recommendations were developed that could support older Ontarians to stay healthy and independent for as long as possible.

Living Longer, Living Well

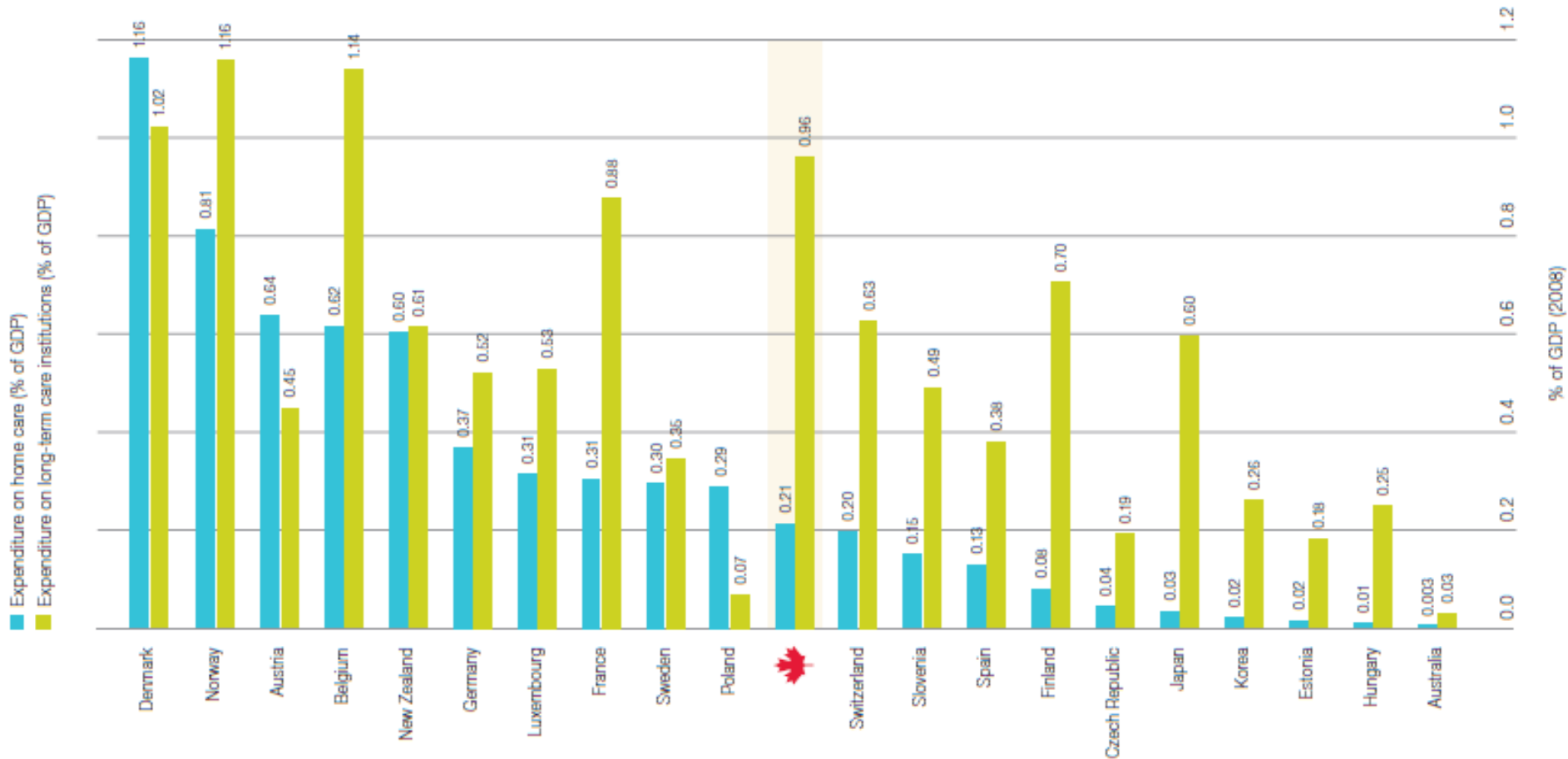
- **Supporting the Development of Elder Friendly Communities**
- **Promoting Health and Wellness**
- **Strengthening Primary Care for Older Ontarians**
- **Enhancing the Provision of Home and Community Care Services**
- **Improving Acute Care for Elders**
- **Enhancing Ontario's Long-Term Care Environments**
- **Addressing the Specialized Care Needs of Older Ontarians**
- **Medications and Older Ontarians**
- **Caring for Caregivers**
- **Addressing Ageism and Elder Abuse**
- **Addressing the Unique Needs of Older Aboriginal Peoples**
- **Necessary Enablers to Support a Seniors Strategy for Ontario**

Our Future Requires Choices...



(Ontario Health Care Spending, MOHLTC).

Spending on Home and Long-Term Care Across OECD Nations.



Source: Organisation for Economic Co-operation and Development (OECD) Health Data 2011 (data collected in 2008). http://stats.oecd.org/index.aspx?DataSetCode=HEALTH_STAT

We Have Choices and Options...

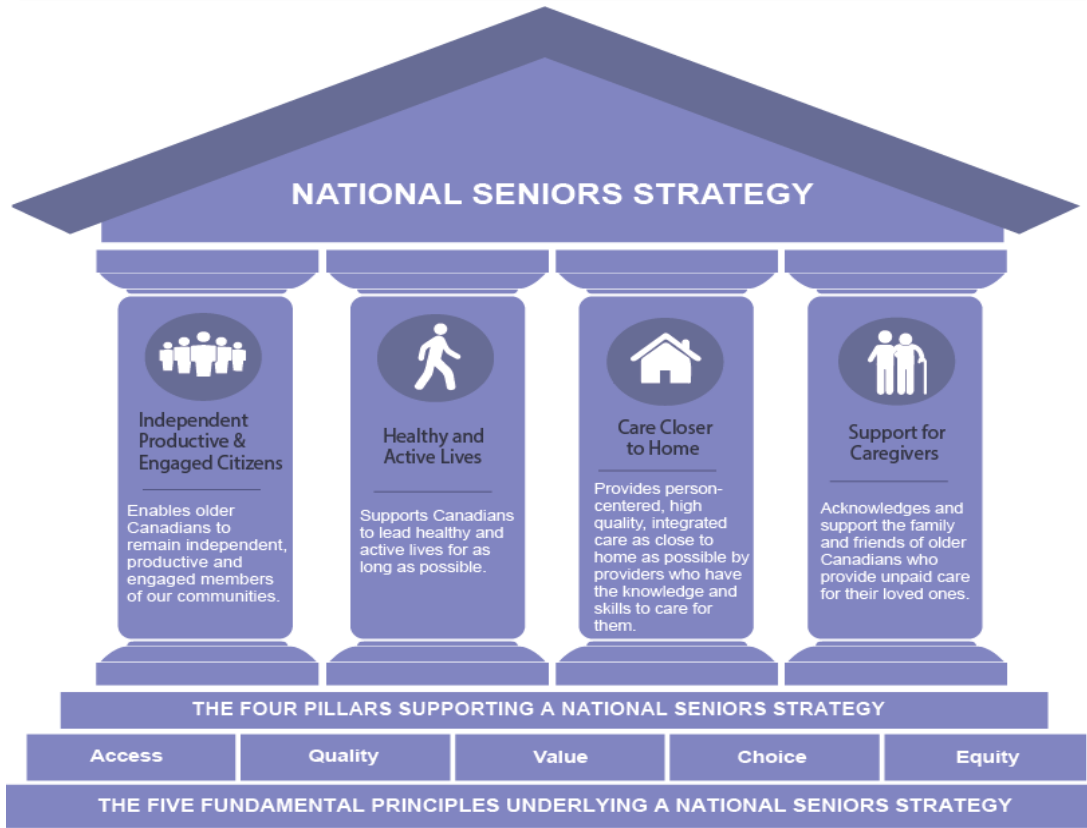
- One Day in Hospital Costs ~ **\$1000**
- One Day in Long-Term Care Costs ~ **\$160**
- One Day of Supportive Housing or Home and Community Care Costs ~ **\$55**
- Denmark avoided building any new LTC beds over two decades, and actually saw the closure of thousands of hospital beds, by strategically investing more in its home and community care services.
- The Ontario government while freezing its hospital and physician budgets has committed to at least an annual 5% increase in the Home and Community Care Budget from 2011 through to 2018.

Enabling *Living Longer, Living Well*

- With More Home and Community Care Available, the **Supply** (-2.7%) of, **Demand** (-6.9%) for, and **Placement Rates** (-26%) into LTC Beds have all decreased in Ontarians aged 75 and better.
- Work is underway to ensure our future health and social care workforce has the knowledge and skills needed to care for Older Ontarians. www.geriatrics.otn.ca
- Traditional Scopes of Practice are being Expanded to Improve and Bring Care Options Closer to Home
- *(eg. Nurse Prescribing, Pharmacists Giving Flu Shots, Community Paramedicine).*

A National Seniors Strategy for Canadians

You are here: Home / THE FOUR PILLARS



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Great to See @RobertGhiz and Canada's Premiers calling for a NATIONAL SENIORS STRATEGY! globalnews.ca/video/1803715/... @Kathleen_Wynne @CMA_Docs
Expand

Samir Sinha @DrSamirSinha 14h
80% of Older Canadians VOTE, and 87% want a NATIONAL SENIORS STRATEGY! ow.ly/i/5ad2q @CMA_Docs @CanadaNurses @CarpAdvocacy

87% of respondents in key ridings **agree** that federal political parties should make the issue of seniors care a **top priority** in the next federal election.

Tweet to @DrSamirSinha



Thank You

Samir K. Sinha MD, DPhil, FRCPC

Director of Geriatrics

Sinai Health System and the University Health Network

 ssinha@mtsinai.on.ca

 Twitter: [@DrSamirSinha](https://twitter.com/DrSamirSinha)